

Developing the WWC Career Coaching Workbook: By Sarah Dawson

Working with Cancer has a happy and talented band of associate coaches who have a wealth of information, experience, support and guidance at their fingertips. We regularly share our individual and collective resources with our clients as they look to return to the workplace or to move to new roles during and following their cancer journey.

As we approached lockdown early in 2020 Barbara did not want her team to be bored or without focus at this time, so invited us to pool our resources and develop a guide containing all the necessary ingredients. Three of us agreed to work together (Lainey Mitchell, Mike Hindle and myself) with input shared from the rest of the team. We collated the information and templates, wrote the content and put it all in a logical order. Meanwhile Isabel worked on the format and graphics required to publish it – in between her rehearsals for a lockdown virtual music project. 😊

Our cheerful meetings were held using Zoom to discuss and refine the details. We engaged some of our clients to review the final draft from a user's perspective and are grateful for their input to the final document. Barbara, as Editor in Chief, undertook the final read through and in July we were able to launch our publication as we came out of the enforced periods of lockdown and shielding.

Our Career Coaching Workbook has been written for clients to use independently or in conjunction with their Working with Cancer Coach. The look and format compliments our other Work and Cancer Best Practice Guides. We hope you all find it to be useful tool.