# Working With Cancer News





# Here's what we've been up to and what's to come!

Welcome to our newsletter. Did you know that just on this one day that you read our newsletter 1,000 more people will have been diagnosed with cancer in the UK?

It's a sobering thought. We estimate there are now more than a million people of working age with cancer in our country, as cancer begins to affect more young people. And improvements in treatment mean that many more of those people diagnosed with cancer will want to continue to work.

But our research with the Institute of Employment last year found that most organisations felt ill prepared to handle cancer in the workplace. So we're here to help.

As you'll see in this newsletter we've been out and about sharing best practice with organisations ranging from Novartis to the Bank Workers Charity.

We've spoken at conferences and webinars and on videos sharing our thoughts and ideas. And we're creating new materials to make it easy for you to access our services.

I'm very pleased to also welcome you to our new COO who will be supporting me as we continue our mission to raise awareness of these issues.

And we can demonstrate it works. In our news section you'll read some powerful comments by some of the people we've coached about the impact of that work on their lives. And in this issue we felt we should leave our "last word" to some of the people we have supported recently.

We hope you enjoy our newsletter

FOUNDER - BARBARA WILSON

Zarbara Wilson

### In this newsletter:

New COO

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The Last Word



### New COO

#### **INTRODUCING MARIA**

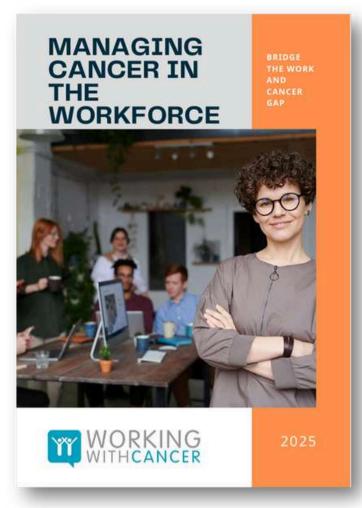
We are delighted to introduce you to María Quevedo our new COO who will be supporting Founder Barbara Wilson with the running and development of the non-profit.

María's leadership and executive experience spans more than twenty years across both commercial and non-profit organisations. She is an ICF accredited coach and also runs her own business providing coaching, facilitation and operational consultancy services to organisations in the financial, education and non-profit sectors.

María said: "Everyone at Working With Cancer has their own lived experience of cancer, and I had to take periods of extended leave to care for my mother who had ovarian cancer. I considered myself lucky to have a supportive employer who approved such leave because there were no processes in place at the time.

The guidance and advice of Working With Cancer takes luck out of the equation and helps everyone involved. I'm privileged to be joining such a strong team to support such impactful work.

"Please do contact me if you have any questions and I'll look forward to talking to you in the future."



# The Work and Cancer Gap

Today we launch our new brochure which summarises the range of services on offer from Working With Cancer.

The research report we published last year with the Institute of Employment Studies clearly showed a confidence and knowledge gap for employers about how to effectively support someone in the workplace affected by cancer - both those with cancer and working carers.

We've created a short brochure which runs through all the services we offer to employers including

- Coaching
- Training
- Workshops
- Consultancy
- Policy Development

Download our brochure here: <u>WWC New Brochure</u>



Veronica Foote our Head of Policy and Consulting took part in a lively webinar run by the Bank Workers Charity in May. Alongside Michael Macinnes, Benefits and Wellbeing Manager NatWest Group, Emma Stacey Health and Wellbeing Lead, Lloyds Banking Group and Paul Barrett, Head of Wellbeing of the Bank Workers Charity, she debated why cancer should be a crucial element of work wellbeing strategies.

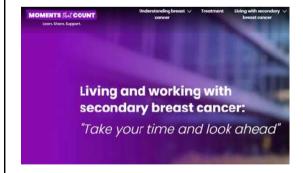
The discussion covered how employers can provide better support and best practice in the field.

The response from attendees was powerful.

- "Great to see how many big companies are dealing sympathetically with what can be a very isolating issue."
- "Good to hear that both people with a diagnosis and carers, are being considered when developing services"
- "What I most enjoyed was hearing what other organisations are doing to support people with cancer in the workplace."

Watch the webinar here: <u>The Bank Workers</u> <u>Charity</u>

#### **Novartis**



We supported Novartis in the creation of **Moments that Count** a resource to help people navigate Secondary Breast Cancer.

In May this year Barbara Wilson spoke at an event and also gave an interview on navigating a cancer diagnosis in a work setting.

Read the article here: Moments That Count

## **Network Rail**



Our coach Anna Dunn is taking part in a video for Network Rail's Wessex Region. She says: "Creating a cancer-supportive workplace sends a powerful message: your people matter. It fosters a culture of care, helps retain valuable talent, and sets a strong example across your industry. At Working With Cancer, we believe that with the right support, people can work and thrive - while living with cancer. And when organisations lead with empathy and understanding, everyone benefits."

# Working With Cancer in The News



The inewspaper

"I got cancer and one of my biggest worries was telling my boss" is the powerful headline of an article by journalist Leah Hardy.

Leah interviews people who have been coached by Working With Cancer.

Read more: inews.co.uk



HR Zone

April was Bowel Cancer Awareness Month. Our Founder Barbara Wilson wrote a clear opinion article for HR Zone with 12 top tips for employers.

Read more: <u>HR Zone Cancer</u> Best Practice



HR Zone

People with advanced cancer can work successfully for many years.

Our Founder Barbara Wilson argues in her June feature in HR Zone that employers should, and could, do more to support those with untreatable advanced cancer.

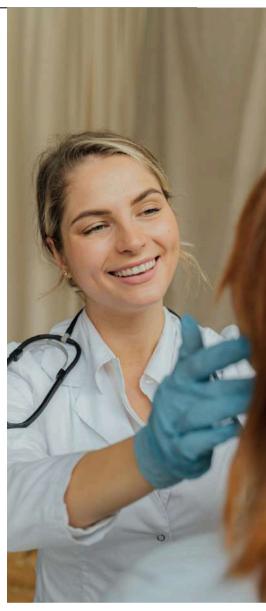
Read more: <u>HR Zone</u> <u>Advanced Cancer</u>



**Timewise** 

Navigating a part time job with an illness such as cancer? Then listen to the three part new podcast series with Timewise which credits Working With Cancer as a useful source of information and guidance.

Listen here: Timewise



Free webinars

We offer free one hour interactive workshops to help employers and people with cancer or caring for others to understand how to navigate work and cancer. Make a note of these dates and sign up today!

**The Challenges of Managing Work and Cancer** (for employers). Next date:

• 20 November

How to work, or successfully return to work with cancer.

Next date:

November 18

Find out more here: Webinars



# Last word: What our clients say

Thank you for reading!

Rather than telling you our views this month we thought you'd like to hear what our clients have been telling us. As a social enterprise we are most motivated by the impact of our work.

#### **Line Manager Peter Bolton**

Experienced senior leader and change manager posted on LinkedIn:

"WWC ran a series of workshops for me when I was a senior leader in a major national company based in London.

The sessions were warmly received: by staff negotiating cancer themselves, or their relatives or close friends, by managers to understand how to better support colleagues, and by HR to help identify any policy gaps and additional support needed.

We had emotions, we had a few tears, and we had moments of awakening where we found ways to offer better help and support. Our HR team were involved and highly supportive. I'd highly recommend the amazing WWC Team

."

#### **Coachee James**

"Thank you so much for today. By far the best conversation I've had with anyone about my situation in the last year. I appreciate it and look forward to our next chat"

#### Line Manager, A Major Corporation

"I wanted to thank you for your support, I wouldn't be feeling this confident and managing my colleague to return to work after cancer in this way without your support.

"I can see how easy it is for a manager to want to rush the process and having the guidance in terms of what to expect and how to enable my colleague to take control while feeling supported is making a massive difference in terms of my approach and confidence.

"This is making it a successful and positive experience for my colleague. So thank you."

Workingwithcancer.co.uk

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